

## Seniors Farmers' Market Nutrition Coordinator at CICOA (Summer Associate)

Spend your summer promoting better senior nutrition! Improve participation, distribution and redemption in the Seniors Farmers' Market program while developing your connections with local growers!

- Term of service: May 20 – July 26, 2018
- To apply: <https://my.americorps.gov/mp/listing/viewListing.do?id=85791&fromSearch=true>
- For more information: Mary Hayes, VISTA Coordinator, Indy Hunger Network / [mary@indyhunger.org](mailto:mary@indyhunger.org)

### Service Description:

Are you passionate about senior hunger? Do you enjoy process improvement? In this role, you will help expand the Meals and More Program, a service that provides nutritional meals at neighborhood meal sites and through home delivery. Meals & More is a program of CICOA Aging & In-Home Solutions.

During your VISTA term, you will work alongside our Registered Dietitian to promote, educate and improve our Seniors Farmers' Market Nutrition Program. You will have direct contact with participants and enjoy the benefits of seeing a satisfied and thankful senior. You will coordinate the distribution of the checks, serve at the market stands, train volunteers on proper applications and program eligibility, enter data, develop nutrition education and prepare the vouchers for distribution. We need someone who is energetic, innovative, outgoing and passionate about improving seniors' food insecurity, health and wellness.

While you will be with us for only a few months, you will still receive the same professional development and coaching benefits provided to VISTAs with one-year terms:

- Camaraderie with 8 other VISTAs working under the Indy Hunger Network umbrella
- Team engagement activities, including bi-weekly meetings to discuss projects, socialize, and hear from guest presenters
- Mentoring, one-on-one coaching, and professional development trainings
- Assistance preparing for life after VISTA (resume review, interview prep, etc.)
- Opportunities to work with leaders in the hunger relief space, including current and retired corporate executives and non-profit agency heads
- Opportunities to work independently and lead on projects

CICOA is located in beautiful new office space on the north side of Indianapolis, with easy access to shopping, downtown, and the popular village of Broad Ripple. CICOA perks include free coffee/tea, appreciation events, committee involvement, flexibility and diversity.

### Member Duties:

During your term with the Meals and More Program at CICOA Aging & In-Home Solutions, your day-to-day will involve the following activities. Note that summer associates are permitted to do direct service activities.

- work alongside our Registered Dietitian to promote, educate and improve our Seniors Farmers' Market Nutrition Program
- coordinate the distribution of checks, serve at the market stands, train and organize volunteers on proper applications and program eligibility, provide Civil Rights training to volunteers, enter data
- develop nutrition education and prepare the vouchers for distribution.

While you will be based at CICOA, you will be one of 8 VISTAs working under the umbrella of the Indy Hunger Network (IHN). IHN regards its VISTAs as a cohort moving together through a transformational service-oriented experience. To this end, they employ a VISTA coordinator to provide mentoring and professional development to the team. See the benefits in the Program Description!