

25% of Marion County Residents Are Struggling to Put Meals on Their Tables

The Indy Hunger Network's 2021 Hunger Study revealed that while the number of families who struggle to put meals on their tables has decreased from the 2020 study, the need is still great. The 2021 Hunger Study measures the quantity of meals needed to assure enough food assistance is available for individuals with need.

Continued attention to making nutritious food available and affordable is imperative, and our action is needed to make sure that no family goes hungry.

DUE TO COVID

the demand for food assistance was

2x THE PREPANDEMIC LEVELS

CRITICAL COMMUNITY SUPPORT HELPED MORE FAMILIES GET NUTRITIOUS FOOD

FEDERAL PROGRAMS LIKE SNAP AND WIC WERE ABLE TO STEP UP TO PROVIDE 88% OF MEALS NEEDED

21.9% rarely or never are able to eat nutritious meals.

OF PEOPLE WITH A FOOD NEED



SNAP PROVIDES 46% OF ALL FOOD ASSISTANCE, AND IMPROVES ACCESS TO NUTRITIOUS MEALS.

46% of these food-insecure households have ONE or more children living in the home.



AFRICAN AMERICANS

are disproportionately impacted, with

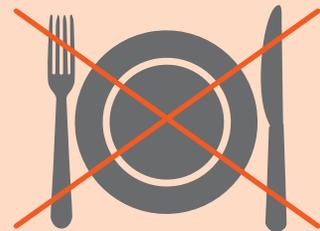
2x RATE



of food insecurity.

ACCESSING FOOD IS A BARRIER.

7 MILLION MEALS/ YR MISSED impacting 55,000 persons each week.



There is **ALWAYS HIGHER DEMAND** for food assistance during the winter

& WINTER 2021-2022 is likely to be worse.



This Is Your Opportunity to Change Lives

The 2021 Meal Gap Study shines a clear light on what is often an unseen problem. Our neighbors are in trouble. Fortunately, when we come together as a community and take action, we can and will have a real impact on reducing and eliminating the meal gap. Here's how you can help:

- Support legislation that maintains and enhances the Federal nutrition programs, such as SNAP and WIC. These programs provide 85% of all food assistance.
- Make a financial donation to support our local not-for-profits that are meeting many community needs.
- Volunteer with a food-assistance organization to help ensure that food gets to those in need.
- Learn more by accessing the full study and finding additional information at indyhunger.org.

The time to get involved is NOW.
Let's take care of our neighbors.

The 2021 Meal Gap Study was sponsored by the Indiana Minority Health Coalition and was commissioned by the Indy Hunger Network.

